



Find Your Voice

Our communication adventure for girls ages 11–14 — where you go from “*I’d rather disappear*” to “*I’ve totally got this.*” Here’s a peek at one of the very first games we play together...

GAME #1

Two Truths & a Dream

It’s an icebreaker with a twist — instead of telling a lie, you share a **big dream**. Everyone talks, everyone listens, and nobody’s on the spot for long. ✨

1

Share three things

Say **two true** things about yourself... and **one big dream** or goal. Mix them up!

2

Let them guess

The group guesses which one is the dream. (Trickier than it sounds!)

3

Reveal & cheer

Tell everyone the dream — and one sentence about *why*. Then we cheer and pass it on.


Why we love it

It gets **every single voice** into the room in the first ten minutes. Saying a dream out loud is a tiny, brave first step — and that’s exactly where confidence begins.

Can you spot the dream?

★ I have two dogs at home.

★ I once met a famous YouTuber.

 One day I’ll open my own bakery.

Psst... only **she** knows which is the dream — and that’s the fun part. 🎉

This is just one of the fun things we do 

Ready to find your voice? Come **Speak Up** with us!

leadHER